

Patients aren't watching the medical literature like our doctors, because we are busy living our lives. And even if we are willing to put the time into doing internet research, we aren't going to medical conferences and learning about many of the latest technologies and techniques.

Until I attended the Iowa Conference, my knowledge of tinnitus was limited to what I read in this magazine. That is great, but it can't provide me with everything that is going on in the tinnitus world. The Iowa Conference can quickly bring you up to speed in a way that doing your own net-based research or reading a medical journal article – even one intended for patients – can't do easily.

Now, most medical conferences are way beyond my skills and knowledge (or so I imagine), and probably yours as well. Understanding the jargon of the different parts of the human body alone is daunting enough. The Iowa Conference certainly had its moments when I was totally lost. But it had plenty of other moments when I got useful information that was clearly explained and in terms that any layperson could understand.

If you can, put Iowa City on your calendar and plan on attending the conference. You will be welcomed, and you might have the opportunity to understand more about our common affliction. The cost is minimal for the benefits I received. 



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- 1 For more information on this year's conference, visit <https://medicine.uiowa.edu/oto/education/conferences-and-events/international-conference-management-tinnitus-and-hyperacusis>.
- 2 Johns Hopkins Medicine. (n.d.). Baha – the implantable hearing device. Retrieved from https://www.hopkinsmedicine.org/otolaryngology/specialty_areas/hearing/hearing-aids/baha.html
- 3 American Academy of Audiology. (2015, June 29). CROS and BiCROS hearing aids. Retrieved from <https://www.audiology.org/news/cros-and-bicross-hearing-aids>

27th Annual International Conference at the University of Iowa Management of the Tinnitus & Hyperacusis Patient

The 27th Annual International Conference, Management of the Tinnitus & Hyperacusis Patient, will be held June 13–14, 2019, at the University of Iowa. The educational event is intended for otologists, audiologists, hearing aid specialists, and other healthcare professionals providing clinical services for tinnitus patients. Topics include an overview of current evaluation practices, management

strategies, and research. Presentations are given by leading researchers, practitioners, and leaders in advocacy and include the latest developments in the areas of medical treatments, neuroscience, sleep therapy, noise-induced hearing loss, and hyperacusis.

The conference is intended to increase the knowledge and skills of clinicians; however, it is open to patients and their families, with the

understanding that no individual diagnosis or treatment will be offered.

For more information, visit the University of Iowa's website: <https://medicine.uiowa.edu/oto/education/conferences-and-events/international-conference-management-tinnitus-and-hyperacusis>

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