

# Iowa Tinnitus Primary Function Questionnaire

|       |  |       |  |
|-------|--|-------|--|
| Name: |  | Date: |  |
|-------|--|-------|--|

Please indicate your agreement with each statement on a scale from 0 (completely disagree) to 100 (completely agree).

| #  | Statement   | 0-100 |
|----|---|-------|
| 1  | I have difficulty focusing my attention on some important tasks because of tinnitus.  |       |
| 2  | I lie awake at night because of my tinnitus.  |       |
| 3  | I just wish my tinnitus would go away. It is so frustrating.  |       |
| 4  | I have difficulty getting to sleep at night because of my tinnitus.   |       |
| 5  | When there are lots of things happening at once, my tinnitus interferes with my ability to attend to the most important thing.    |       |
| 6  | My tinnitus masks some speech sounds.   |       |
| 7  | My inability to think about something undisturbed is one of the worst effects of my tinnitus.                                     |       |
| 8  | My tinnitus is annoying.  |       |
| 9  | One of the worst things about my tinnitus is its effect on my speech understanding, over and above any effect of my hearing loss. |       |
| 10 | My tinnitus, not my hearing loss, interferes with my appreciation of music and songs.   |       |
| 11 | I am tired during the day because my tinnitus has disrupted my sleep.   |       |
| 12 | In addition to my hearing loss, my tinnitus interferes with my understanding of speech.   |       |
| 13 | I am depressed because of my tinnitus.  |       |
| 14 | When I wake up in the night, my tinnitus makes it difficult to get back to sleep.   |       |
| 15 | My emotional peace is one of the worst effects of my tinnitus.  |       |
| 16 | I have trouble concentrating while I am reading in a quiet room because of tinnitus.  |       |
| 17 | The difficulty I have sleeping is one of the worst effects of my tinnitus.  |       |
| 18 | I am anxious because of my tinnitus.  |       |
| 19 | The effects of tinnitus on my hearing are worse than the effects of my hearing loss.  |       |
| 20 | I feel like my tinnitus makes it difficult for me to concentrate on some tasks.   |       |